

Joanne Sheldon

From: Bishops Down Primary School <SC8862490a@schoolcomms.com>
Sent: 07 June 2024 12:20
To: Joanne Sheldon
Subject: Relationship, Sex, Education (RSE)

Dear Year 5 Parents and Guardians,

It has come to my attention that some children have misunderstood what we will be learning this term in our RSE lessons (Relationship, Sex, Education). We **are not** learning about the act of sex. We will be learning about puberty which was clearly explained to them. Below is a list of objectives we will be covering.

- Lesson 1 and 2 are all about changing emotions, how we can recognise them and how we can deal with these emotions.
- Lesson 3 and 4 the children will be separated by gender. All children learn the same lessons but it is more comfortable for them to have these discussions without the opposite sex sat next to them. These are about the growing and changing of the children's bodies and the changes they will experience during puberty. This includes discussing wet dreams, periods, spots, hair etc. The fourth lesson will also include labelling the external sex organs. This is part of the National Curriculum objects and is taught in a scientific manner.
- Lesson 5 is about conflicts, problems and compromise.
- The last lesson is discussing problems with a trusted adult. We discuss secrets and when it is important to share a secret with someone who can help (mainly, when you know someone is going to be hurt).

If you have any questions or concerns, please do not hesitate to speak to me, either by email, phone or face to face. I am happy to share any resources with parents that I will be using in lessons.

Kind regards,

Mrs E Morgan
Year 5 Class Teacher



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